



Men's WAR (Without A Roof) with Prostate Cancer, Inc.
A North Carolina Nonprofit Corporation

Safety & Trauma-Informed Guidelines

Version 1.0 – Last updated November 2025

Purpose

1. Men's WAR is committed to creating a safe, respectful, and trauma-informed environment for all participants, volunteers, and partners. These guidelines ensure that every interaction upholds dignity, minimizes harm, and fosters trust.

2. Safety Principles

Physical Safety

- Follow all organizational safety procedures during events and outreach.
- Report hazards, injuries, or unsafe conditions immediately to staff.
- Do not engage in activities beyond your training or comfort level.

Emotional Safety

- Use respectful, non-judgmental language at all times.
- Avoid pressuring participants to share personal information or experiences.
- Respect boundaries and personal space.

Confidentiality

- Protect participant privacy by not discussing personal details outside of Men's WAR contexts.
- Secure all records and communications in accordance with organizational policy.

Trauma-Informed Principles

Empowerment

- Offer choices whenever possible (e.g., how to participate, when to engage).
- Respect “no” as a complete answer without requiring justification.

Transparency

- Clearly explain your role and the purpose of any interaction.
- Avoid making promises you cannot guarantee.



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Collaboration

- Work alongside participants rather than directing or controlling.
- Invite feedback and adapt to individual needs.

Respect for Lived Experience

- Recognize that participants may have histories of trauma, homelessness, or health challenges.
- Approach every interaction with compassion and without judgment.

3. Volunteer Responsibilities

- Adhere to all Men's WAR policies, including confidentiality, code of conduct, and liability waiver.
- Maintain professional boundaries with participants.
- Report concerns, incidents, or violations promptly to staff.
- Seek guidance when unsure how to respond in a situation.

4. Organizational Commitments

- Provide orientation and training in trauma-informed practices.
- Ensure volunteers have access to supervision and support.
- Respond promptly to safety concerns or incidents.
- Recognize and value the contributions of every volunteer.

Acknowledgment (Optional Signature Block)

SAFETY & TRAUMA-INFORMED GUIDELINES ACKNOWLEDGMENT

I have read and understand Men's WAR's Safety & Trauma-Informed Guidelines. I agree to uphold these principles in all volunteer activities.

Printed Name: _____

Signature: _____ Date: _____